



Udruga osoba s intelektualnim teškoćama Regoč Slavonski Brod
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TEPIH
Tkoje Ekologija Podržavije Inkluzija Harmonija

Project: CARPET – Weaving Ecology Teaching Inclusion Harmony

The Adapted Program for Training Persons with Intellectual Disabilities and Persons with Mental Illnesses to Work on a Loom or Assisting in Weaving

Carpet weaving



**Financira
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Name of the project:

**Project CARPETS – Weaving Ecology Teaching Inclusion Harmony
2024-1-HR01-KA210-VET-000244845 within the framework of the Erasmus + program**

Partners in project implementation:

Association of People with Intellectual Disabilities Regoč Slavonski Brod

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Contracting authority:

Agency for Mobility and Programs of the European Union

Frankopanska 26

10 000 Zagreb, Croatia

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Associated partners/collaborators:

Vocational and Technical School Slavonski Brod

Vladimira Nazora 9

35000 Slavonski Brod

Croatia

School for primary and secondary education

„Radivoj Popović“ Sremska Mitrovica

Fruškogorska 73

22000 Sremska Mitrovica

Serbia

The value of the project: € 60.000,00

Duration of the project: 12 months

Project implementation period: 01.09.2024. – 31.08.2025.

The project is co-funded by the European Union.

Slavonski Brod, January 2025



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1. Program Title

The title of the informal program is the Adapted Program for Training Persons with Intellectual Disabilities and Persons with Mental Illnesses to Work on a Loom or Assisting in Weaving CARPETS - Weaving, Ecology, Teaching, Inclusion, Harmony, which reflects the purpose and goal of education.

The informal program is part of the CARPETS project, the general goal of which is to increase the social inclusion of persons with mental and intellectual disabilities through increasing employment opportunities.

The project leader is the Regoč Association from Slavonski Brod, Croatia, and the partner is the non-governmental association Caritas Sv. Anastazija from Sremska Mitrovica, Serbia.

2. Program Description

This program is intended for people with intellectual disabilities and people with mental illnesses (OMIT) who have completed primary or secondary school in a special program for auxiliary professions, but have never found a job and do not possess basic life skills that would allow them at least partial independence in employment and work. With this program, we want to enable the acquisition of additional knowledge and skills as well as the development of social skills through communication and meeting new people from other socio-cultural backgrounds.

3. Educational Goals

This program aims to achieve specific goals:

- To sensitize the public to the possibilities and needs of OMIT
- To raise awareness among participants and the public about the importance of recycling and integrating OMIT into the community
- To increase the professional knowledge and skills of OMIT through the implementation of a customized teaching program for working on a loom and/or for auxiliary weaving operations

In addition to these goals, this informal program aims for OMIT to

- Understand the basics of operating a loom
- Improve their skills and knowledge for working on a loom
- Learn basic weaving techniques



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- Learn how to make a carpet
- Acquire skills that will develop some form of independence

4. Target group

People with mental and intellectual disabilities OMIT (for the purpose of acquiring additional knowledge and skills as well as the development of social skills)

Vocational schools (for the sustainability of the program, increasing the visibility of the program and sensitizing schools to the needs and possibilities of OMIT)

Employers (in order to increase the possibility of employment of persons who have acquired competences for work in weaving).

5. Curriculum content (modules)

The informal adapted training program for people with intellectual disabilities and people with mental illnesses is designed in 8 workshops.

Topics that will be elaborated in more detail in the training manual for trainers to work with people with intellectual disabilities and people with mental illnesses are explained in the content and outcome of the program.

M O D U L E	DA Y	TOPIC	CONTENT	ELABORATION OUTCOME	NO. HO UR S
	1.	History of weaving	Traditional weaving techniques in different cultures -explain in an understandable way the terms weaving, fabrics, loom, showing pictures or directly	- differentiates between the terms weaving, fabrics, loom, showing pictures or directly showing objects	T 5



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1			showing objects so that they can be seen, connecting the concept to the object -show different examples of weaving in different cultures using pictures or slides Types of looms -introduction to the loom on which the training will be conducted: traditional – vertical or horizontal, small table loom. If possible, show different types of looms using slides or pictures	- be able to show different types of looms by showing them in pictures - possibly know the difference between each one (how to weave on a vertical loom, how to weave on a horizontal loom, what is the difference between table looms and horizontal looms)	
	2.	Weaving material and tools	Preserving the environment by collecting old clothes -explain the terms recycling and the technique of collecting clothes and how to prepare the material for weaving How to collect old clothes Recycling is the process of reusing old clothes and other		T 5





			textiles for reuse. The textile recycling process includes donating, collecting, sorting and processing textiles and transporting them to end users. After collecting old clothes, the clothes are cut into strips of different thicknesses, joined together, and wound into a ball so that they can be used more easily in the work later. Getting to know weaving materials -explain the types of fibers and materials How to prepare weaving materials -explain how to prepare recycled materials for the weaving process Depending on the level of difficulty, work with OMIT to prepare the weaving material by cutting the material and winding it into a ball	-know how to recognize some types of materials - know how to prepare material for weaving by cutting the material and winding it into a ball	
3.	Thread winding technique on a loom and warping technique	Types and characteristics of fibers			T 5





			-explain and demonstrate the necessary materials for working on a loom; which materials to combine together and which not Fiber is the basic unit used to make yarn. Natural fibers are divided into: plant fibers and animal fibers. Plant fibers are cotton, linen, hemp, jute, and animal fibers include wool obtained from sheep hair, but also from alpaca, camel, llama, cashmere and angora hair. Natural silk is an animal fiber obtained from silkworms. Practical work - thread winding technique -demonstration: demonstrate the technique of drawing thread into a loom, preparing the shuttle and weft -practice the technique of winding thread onto the shuttle and preparing the weft as a basis for starting work	- know how to combine types of fibers for the weaving process - acquired the skill of winding thread onto a shuttle and preparing the weft as a basis for starting work	
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2	4.	Warping technique	Warping technique - demonstration -explain the terms warping and warping board -demonstrate the warping technique; practice The warping process is a preparation for weaving and is one of the most demanding processes in fabric production. During warping, several hundred threads are wound onto the warp roller in parallel, with uniform thread density and tension. -Repeat the warping technique with the help of a trainer (depending on the level of difficulty, work together with the OMIT or the rener independently as a demonstration technique)	- know how to weave on a loom and why it is done	PW 5
	5.	Practical work	Practical work -practice the techniques of winding thread onto the shuttle	- know how to wind the thread on the shuttle and prepare the weft	PW 5





			and preparing the weft until mastered		
6.	Practical work	Beginning Weaving -practice preparation for weaving: thread winding, warping technique for your own project	- know how to prepare for weaving: thread winding, weaving technique for your own project, bobbin winding, preparation of recycled material	PW 5	
7.	Practical work	Practical work - practice all the necessary steps to start working on your own project after all the necessary techniques and preparations for work have been mastered	-be independent in preparing and starting weaving so that one can start weaving -understand the steps that need to be taken before starting weaving (recognize objects, materials, make a warp)	PW 5	
8.	Practical work	Weaving a carpet on a loom - starting weaving on a loom with the help of a trainer - assistance from a trainer with weaving techniques - making your own carpet with the help and suggestions of a trainer so that the weaving process itself goes smoothly and relaxed	- know how to make your own carpet with the help and suggestions of a trainer	PW 5	





6. Teaching methods

The following methods will be used during teaching:

- interactive lectures
- group discussions
- practical exercises
- demonstrations
- individual work
- mentoring

All teaching methods are necessary to master weaving techniques and create the final product, a carpet. Interactive lectures, practical exercises and demonstrations are essential for understanding the weaving process and improving one's own skills, which will then be applied to one's own project and serve as a basis for future teaching that the trainers will convey in workshops. Mentoring and individual work will be used as needed, adapted to each OMIT individually, for as long as necessary.

7. Time frame

The duration of the customized training program for people with intellectual disabilities and people with mental illnesses is planned through workshops. The program is designed as 8 workshops, scheduled for 2 workshops per month with each partner, 5 school hours per day.

MODULE	WORKSHOP	TOPIC	NUMBER OF HOURS
1	1.	History of weaving	5 THEORY
	2.	Material and tools for weaving	5 THEORY
	3.	Technique of winding thread on a loom and warping technique	5 THEORY
	4.	Warping technique	5 THEORY
2	5.	Practical work	5 PRACTICE
	6.	Practical work	5 PRACTICE
	7.	Practical work	5 PRACTICE
	8.	Practical work	5 PRACTICE
		TOTAL	40 (20 THEORY/20 PRACTICE)



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8. Resources

2 large horizontal looms and 12 smaller table looms will be used as the basic resources of this program. Large apartments will be used for education, which will be used by trainers in their training, while smaller table apartments will be used when making carpets as a practical part of the work and in workshops with OMIT.

In working with OMIT, a digital manual on weaving translated into Easy Language and video tutorials will be used, in which the entire process of preparing the loom for work and weaving carpets on it is explained in detail.

9. Assessment and evaluation

The evaluation of the adapted program for training people with intellectual disabilities and people with mental illnesses to work on a loom or assist in weaving will be carried out through the final project - a carpet.

The carpets made will be visible at exhibitions of works that will be presented to the local community. In this way, awareness is raised about the importance of preserving tradition, people are trained in traditional ways of making objects, environmental protection is taken into account and socially marginalized people in a disadvantaged position are included in society.

10. Instructors

The course will be led by trained trainers for working with people with intellectual disabilities and people with mental illnesses who have acquired training to work on a loom by attending an informal training of trainers program for working with people with intellectual disabilities and people with mental illnesses.



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